

Client Testimonials



When I found out that my mother had cancer, I scheduled a consultation with Sara in order to share this news with my son in best way possible. She not only helped me to have the right words, but she also prepared me for some possibly unforeseen questions, as well as providing me with good timing for sharing the news and what a "typical" response might be from my son.

Upon learning that my mother was terminal and beginning down a path that might make her look/act different until her passing, I scheduled another call with Sara in order to prepare my son for this next phase of her illness. I was able to learn how important it was/would be to include my son in this process, how important it would be for his self esteem. Not only did this help in dealing with my son during this process, but it also allowed my husband and I to get on the same page about sharing details with my son.

Learning that my mother had less than a week to live, I scheduled another consultation with Sara in order to be prepared for her actual passing and services. Although I experienced a tragic death at a young age, Sara reminded me that things might not look the same for my son. She was right. He was very curious, and Sara prepared me for that.

Bottom line - I was prepared every step of the way, thanks to Sara. But the greatest gift is the gift I continue to receive at random times - my son talks very openly to me about missing his Grammy. He sometimes cries, but we usually just share memories but he's not afraid to talk about her. I know that helping him through this process has helped me.

-- Mary M. from Chicago, mother of 5 year old

This is long overdue, but I wanted to thank you (Sara) again for taking the time to bring so much wisdom to us last week! It was so great to hear from you and I have ordered the books, and revised my language a bit. The way of talking in concrete terms has already been put to use when Mama travels and seems to be working well. My husband is on board and glad to be armed with information as well for easing into a better transition to 2 children at home. I have given my parents a quick "course" on how best to interact with my son and the added family member (baby) when the time comes, and they have been really open to the theories of practice.

-- Tracy C